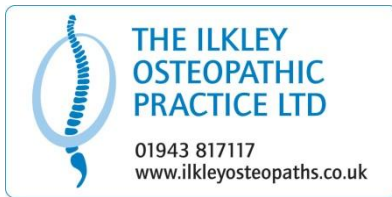




ILKLEY AQUATHON

Proudly sponsored by



NO-AD[®]

www.noadsuncream.co.uk

Celebrate Sport in Ilkley

swim & run

Sat 29th June 2013, starts from 8.30 to 11.30am

Ilkley Swimming Pool, Denton Road, LS29 0BZ

medals for all juniors!

prizes for first in ALL categories (juniors and adults)!





Race categories are as follows:

AGE (YEARS)	8	9-10	11-12	13-14	15-17	18+
SWIM (m) (25m pool)	50	100	150	200	250	250
RUN (m) (approx)	600	1200	1800	1800	2400 (trail)	2400 (trail)

The race will start from Ilkley Indoor Pool. Registration will be on the field outside. Please ensure you register at least 20 min prior to your start time. The swim is in an indoor, heated 25m pool and the run is on a field for 8-14yrs and on a trail through Middleton Woods for 15yrs-adult

Race details will NOT be sent out prior to the event. Please see <http://www.tinyurl.com/ilkleyaquathon> for further information, including list of entrants and start times. Start times will be posted a week before the event.




ENTRIES

To enter on-line please visit <http://www.tinyurl.com/ilkleyaquathon>

Entry fee: £5 ADULTS £2.50 school pupils and those in full-time education (non-refundable)
 We would prefer you to enter on-line but if you are unable to, postal entries will be accepted.
 Please complete the section below and send it together with a cheque made payable to: **Ilkley Swimming Club.**

Send to: Ilkley Aquathon, 8 Cheltenham Avenue, Ilkley, LS29 8BN

.....
 First Name Surname M/F(delete) 
 Address.....
 Email (please print clearly)

Age category (age on day of race) Estimated swim time.....

Club (if any)
 Emergency Name and Number

ENTRIES CLOSE 18TH JUNE Max. of 180 PLACES – FIRST COME, FIRST SERVED – BOOK EARLY

Declaration: I declare that I/my child is an able swimmer and is fit to take part in this event. I understand that they participate entirely at their own risk, and relieve the race organisers/personnel, of any responsibility for injury loss or damage sustained to either their person or property as a result of participation. I consent for these details to be held on computer for the purposes of race organisation. Details given will not be forwarded to any other organisation or used for any other purpose.

Signature.....(of parent/guardian if under 16)

Photographs may be taken of the event for publicity purposes. If you are not happy with your, or your child's photograph to be taken please highlight this either before hand to the contact above or on race day at registration. Thank you.

